

CO-OP WEEKLY BUYS

January 19 - 24, 2012



PRODUCE

Navel Oranges

Buck Brand from California
Tree Ripened

Sale Price \$3.99
Reg Price \$4.99

Save
\$1

MEAT

Stewing Beef

Local • Hormone Free

Sale Price \$11.29/kg
Reg Price 13.29/kg

Save
\$2/kg

CHEESE

Philadelphia Cream Cheese

250g Package

Sale Price \$4.59
Reg price \$5.59

Save
\$1

GROCERY

Nuts To You Organic Peanut Butter

500g Jar

Smooth or Crunchy

Sale Price \$4.29
Reg price \$6.29

Save
\$2

GROCERY

Annie's Pasta Creamy Deluxe

312g Box

70% Organic Ingredients

Sale Price \$2.99
Reg Price \$4.99

Save
\$2

GROCERY

Arm & Hammer Essentials Laundry Detergent

2.03L

Biodegradable

Sale Price \$5.49
Reg Price \$6.99

Save
\$1.50

GROCERY

Emma Extra Virgin Olive Oil

3L

First Cold Pressed • Made In Italy

Sale Price \$16.69
Reg Price \$20.69

Save
\$4

CO-OP WEEKLY BUYS

January 19 - 24, 2012



HARDWARE

**Energizer Max
AA Batteries**

16 pack

Save
\$10

Sale Price \$18.99

Reg Price \$28.99

HARDWARE

**Double Life
Light Bulbs**

Pack of 4

Soft White 40W or 60W

Sale Price \$3.29

Reg Price \$4.69

Save
\$1.40

GARDEN

**Suet Plus
Nuts & Berry**

Wild Bird Blend

Case of 12 cakes

Save
\$7.50

Sale Price \$19.99

Reg Price \$27.49

HARDWARE

**Red Locking
Extension Cord**

30 Metres • 14/3 Gauge

Sale Price \$69.99

Reg Price \$95.89

Save
\$25.90

DONATIONS AT THE TILL

THE KITCHEN

January 2012

In addition to acting as Hornby's Food Bank, THE KITCHEN serves an average of about 100 sit-down meals each week (Monday, Wednesday & Friday, 12-1pm). Another 35 meals are given as take-out after lunch is served. Lunch is free, but donations are gratefully received.

All this could not be accomplished without the generous daily donations from the Co-op. We also depend on invaluable donations from many others who regularly supply us, and from individuals who bring food to our door -- not to mention the stalwart volunteers who show up each day to help prepare the meals and clean up afterwards. To top it off, donations from Co-op customers at the Till are extremely helpful, as they allow us to buy essential items such as coffee, salt and cooking oil.

Thank you for the generous contributions

Hornby Island Co-op - Hornby Island, BC, Canada V0R 1Z0
Tel: (250) 335-1121 • Fax: (250) 335-1882 • Gas Bar: (250) 335-2686
Website: www.hornbyislandcoop.ca • Email: hicoop@telus.net